

# Faithful Fiver Pledge:

Emerald Valley Intergroup  
1259 Willamette  
Eugene, Oregon 97401

# GET THE NEWS!

- I pledge \$5 per month to support EVI and service work in my community
- I'm feeling grateful, I can send \_\_\_\_\_ per month
- I will mail or drop off my contribution: Monthly
- Four times a year (\$15 each)
- Once a year (\$60)

Name:

Address:

when you acknowledge my contribution, please list me as (first name, Initial, or nickname):

"Faithful Fivers" are individuals who donate \$5 or more per month to help support Intergroup. We will post your nick name on a board in the office, with a little red dot placed for each months contribution, so you can track of your contribution. (We don't remind you, or otherwise keep track of it for you, and we will send you a newsletter whether or not you have remembered to send in your pledge.) You can contribute monthly, quarterly or yearly, and if you check the receipt box, and are on the News mailing list, we will send you a receipt at the end of the year. (If you want a receipt, but would like to save EVI postage by picking up the News at the Office, or the EVI Business Meeting, fill out your nickname and address, but write "no news" next to your address.)



stamp

Emerald Valley Intergroup  
1259 Willamette Street  
Eugene, Oregon 97401

# The Power of Willingness

I have always been a procrastinator, living by the motto “Why do today, what I can put off until tomorrow?” I have procrastinated with all things large or small, such as laundry, shopping for toilet paper, taking the dogs to the groomer, and my 9th Step amends.

Of course, the amends that I knew would be a breeze, I chose to do right away. No pain, supposedly, lots of gain. Then there was the dreaded parental amends. I was to meet my mother on a Sunday, and had decided that I would make my amends then. I had also decided that I would butter her up with a nice trip to Wal-Mart, which would ensure her to be in a better than average mood.

I was going to pick her up at 10:00am, so of course, by 5:00am, I was pacing the floor, looking over my notes, and sick to my stomach. I was rehearsing my verbiage, my tone, similar to an actor reviewing her lines. Well, time comes and we head off to Wal-Mart. Do a little shopping, a little laughing, a little gossiping, and then I hit her with it while driving in the car on the way to her house.

“Mom, when we get to your house, I’d like to talk to you.” I said.

“About what” said my mom?

“I have what is called an “amends” to make to you.”

“What is that?” she said.

“Well, I apologize for all the hurt I have caused you over the years.”

“I don’t want you to” she says, “I already forgive you.”

I was stunned. This part wasn’t in the book. Now what? We got to her house and I asked her to hold that thought while I called my sponsor. Shoot, she wasn’t home. Now what? I called my grand-sponsor. Shoot, she’s not home either. I told mom I thought she had to listen to me, I was supposed to get some sort of spiritual awakening. She laughed. I was bordering on panic. After making a few more calls, I decided to do the illogical thing for Leslie; I thumbed through the Big Book. There it was in black and white. “Made direct amends to such people wherever possible, EXCEPT WHEN TO DO SO WOULD INJURE THEM OR OTHERS.

I gave my mom a huge hug, laughed a little, and realized that God had taken care of me again. He had put the scariest, most painful amends out of my way, because I was willing. I had a little spiritual awakening after all.

Leslie K. - Springfield  
Wednesday Womens How It Works



## E.V.I. News

June 2004

### Contents:

The Power of Willingness	1
AA Meeting Changes	2
Grapevine/Service Sponsor Workshop	2
Poem by an Oldtimer from Harrisburg	2
Intergroup News	3
May EVI Business Meeting Minutes	3
Contributions to EVI	4
Don't You Wish Consumer Reports Rated Sponsors?	4
Calendar and Events	5
Service Opportunities	5
People	6
The Lord is My Sponsor	6
Echoes in the Valley	7
Rule 62	7

Emerald Valley Intergroup  
1259 Willamette St. Eugene, OR  
97401-3509  
(541) 342-4113

# AA Meetings:



## New:

Try God Grapevine Study,  
Sundays, 5-6PM, McNeil Reilly  
House, 13th and Jefferson,  
Eugene.

Gratitude Group, Saturday, 9-10  
AM, Valley Methodist Church,  
25133 Broadway, **Veneta**.

Dexter Women's Big Book Study  
Wednesday, 7-8:30, Dexter Library

Host of Friends, Saturday, 8-9 pm,  
at St. Mary's Episcopal Church,  
13th and Pearl (closed meeting)

## Changed:

Serenity Seekers West now meets  
twice a week, Tuesday/Thursday,  
noon-1pm, at the Friends Church,  
3495 W. 18th ave.

Tuesday Junction City Group,  
meeting at the First Christian  
Church, now starts at 7:00 pm.

## Canceled:

After Breakfast Grioup, Monday  
Wednesday Friday, 9:30 AM, at the  
Townhouse, Roosevelt Blvd.

Monday/Thursday Student Group,  
Wesley Foundation, 8-9 pm.

## Topic of interest:

The Oregon Area Website Address  
is: [www.aa-oregon.org](http://www.aa-oregon.org). Check it  
out. The monthly area newsletter  
is posted on this site, as well as  
links to out of town meeting  
schedules and information relevant  
to quarterly assemblies.

*Please remember to let  
us know if your group stops  
meeting. This will save people  
frustration or worse when  
they really need a meeting. To  
submit changes of any kind  
please fill out a form in the  
"Meeting Book Changes"  
book at the EVI office. Ask a  
volunteer at the front desk for  
it. You may also phone in  
any changes during EVI  
office hours. Thanks!*

## Grapevine/Service Sponsor Workshop

On June 5<sup>th</sup> District 20 hosted a workshop at the First Christian Church in Springfield. About 20 people came to learn about the Grapevine, AA's meeting in print. Darlene, the Oregon Area Grapevine Chair, and Steve, a local Grapevine Representative for the Freedom of Choice group in Springfield, spoke. They shared what the Grapevine is, the 60 year history of it, and how neat it is to share a "meeting in print" with people all over the world.

A group Grapevine representative's job usually consists of telling people how to get subscriptions, and showing the newest copy to their home group. Steve really shared his enthusiasm for the Grapevine with us, and both he and Darlene did a great job giving us the scoop about what the magazine offers. There are feature stories, letters to the editor, jokes, and worldwide AA happenings, along with a host of other information in each issue.

The other part of the workshop had to do with Service Sponsors. Mark and Kathy, two past Oregon Area Delegates, came down for this. First of all, they talked about being sponsored to go through the steps. Mark read a page he got off the Grapevine website that was written a long time ago about sponsorship. Then he asked a bunch of questions he had found about what a sponsor is and isn't. He let us answer first, and then gave the answer the writer had come to. Mark is quite talented as a speaker, and he made the time fun and interactive.

Then both he and Kathy told us about the importance of having a service sponsor to help understand the ins and outs of District and Area service work. The idea is that if you have a sponsor who has done the same position you are in, you don't need to get a separate person to be your service sponsor. From what I understood, a service sponsor is more like a mentor; someone to ask questions to and seek information from. It's not someone who is necessarily there to take you through the steps.

I'm so glad I got to spend part of my Saturday with these very service oriented people.  
Teffany H. Springfield, OR

## A BETTER LIFE

The world is a wonderful place to live in,  
though not always cheerful and bright.  
But I have 12 Steps to live by  
that make every day alright.

The 12 Steps will keep your mind at ease,  
in a world we sometimes don't understand,  
But you will have a wonderful life  
if you keep the 12 Steps at hand.

The 12 Steps are done every day,  
not to be done once and thrown away.  
They will keep your heart and mind at peace,  
on life you will have a new lease.

I wish the whole world had the 12 Steps  
to keep it free of strife.  
But you can use the 12 Steps  
to have a better life.

Bob C.  
Harrisburg, OR

# Echoes in the Valley

(Echoes in the Valley is a collection of wit and wisdom heard in and around the valley. While not always original, they are shared by local folk at local events. If you hear anything at a meeting that you think others would enjoy or benefit from, please drop it off in the Newsletter Box at EVI. Quotes are credited to the speaker with permission, otherwise they are anonymous.)

"I woke up this morning with a character defect hangover"  
Anonymous - Downtown AM

"I wanted to turn my will over to God ... as soon as my lawyers looked over the contracts."  
Bob N - Primary Purpose

"This meeting is like my little church ... but we can cuss."  
William H - Friday Night Stag

"My old ideas come back sometimes, all dressed up and pretty."  
Steve S - Wednesday Night Stag

How can you have such a sense of humor when you haven't had a drink in so long?  
Angel - EVI Office

If you react less there is less to react to.  
Bob S., Belle Harbor

It definitely improves serenity to want what you already have - or at least what you can find at a garage sale.  
Martha S., Sober Awakening

These meetings are better than daytime TV - Every day we have a new wave of insanity washing up on our shores.  
Gus P., Downtown AM

Are you still going to meetings? - Yes. - Well, that's just a crutch... and why, exactly, do you keep going to meetings? - Because it's a crutch.  
Windsor, Downtown AM, relating a conversation with his mother.



## Darwin Awards and Stupid Crimes

From time to time, this newsletter would like to feature amusing anecdotes that fall that fall under these headings. The Darwin Awards, it will be recalled, honor those who have furthered the cause of natural selection by getting themselves removed from the gene pool due to acts of exceptional stupidity. Submissions should either be personal experience or reference a printed source or website, and naturally, the role of alcohol (virtually a certainty in both categories) should be emphasized.

In the stupid crimes categories, one of my favorites was a man arrested in Albany (Oregon) some years ago for driving while suspended, intoxicated, and without headlights, attempting to elude an officer, and indecent exposure. After crashing his car in an attempt at a getaway, he took off into a blackberry thicket carrying a beer can and wearing nothing but socks. The arresting officer easily tracked him by the string of pained curses that his nude progress through the brambles elicited. (Eugene Register-Guard) -Martha S.



## Wanted - Urgently!!! A Few Round To-Its

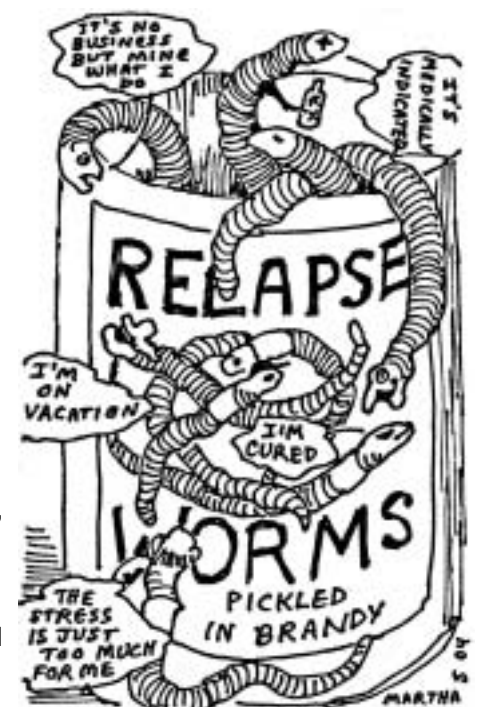
It has recently come to our attention that there are numerous individuals out there who have full intention of performing actions which will enrich their lives and the lives of others, but "haven't got around to it." Apparently both the condition of drunkenness, and being exceedingly busy doing a myriad of trivial and unimportant things, interfere with acquiring round to-its, resulting in the abovementioned lamentable deficit. So please, if you have a spare round to-it or two lying around, dust it off and make it available to these unfortunates.

There's no place like home, after the other places close.

Anonymous

One out of four people in this country is mentally unbalanced. Think of your three closest friends - if they seem okay, then you're the one.

Ann Landers



# People:

## OFFICE VOLUNTEER COORDINATOR

Doug R. (461-3872), Bob P. (434-1045)

## ACTIVITIES

Holly S. (338-0316), Sara (686-2247)

## ANSWERING SERVICE

Julien X. (541-520-7408), Joe H. (232-1267)

## ARCHIVIST

Jim G. (689-5052), Bob T. (342-1588)

## COOP. PROFESSIONAL COMMUNITY(CPC)

Nadine P. (683-5730), Patty

## E.V.I. COMMUNICATIONS:

Newsletter: John G. (686-5602),

Martha S. (687-9569)

Website: Jessie(485-3474), Karla B. (744-0509)

Meeting Directories: Lee P.(741-9824),

Denna(344-7996)

## E.V.I. SPEAKER MEETING

Vicki K. (688-5042), Donna H.

## LITERATURE

Todd P.(689-4646), Mindy F. (954-2048)

## OUTREACH

Lee F. (302-1408)

## PUBLIC INFORMATION (PI)

Shevach (683-5254), Kathy B. (687-1321)

## HOSPITALS & INSTITUTIONS (H&I)

Chair: Larry W. (513-5626)

## HOSPITALS

Chair: Steve S.(914-9258), Todd (302-6377)

## COOP. TREATMENT FACILITIES(CTF)

Janis B. (935-8833), Cayce (520-5635)

## CORRECTIONS

Chair: Tom R. (465-1832), Bob L.(689-6960)

## H&I Coordinators

Lane County Jail: Ted H. (338-8380)

C.C.C. (Women's): Sandy V. (485-4827)

C.C.C. (Men's): Tom R. (465-1832)

Alma Work Camp: Bud W. (935-8833)

Pathways: Kenny (461-2937)

Serbu Detention: Jack C. (463-1040)

Carlton House: Joe C. (554-3558)

W.F.T.-Friday Night: Janis (935-8833)

W.F.T.-Book Study: Leslie B. (606-5776),

Mindy H. (954-2048)

Serenity Lane-Speaker: Cayce (746-6990)

Serenity Lane-B.T.G.: Gus P. (463-1691)

Serenity Lane-Sat. Cindy D. (988-0183),

Jason (912-8217)

Johnson U.: Steve(914-9258), Jill(302-1311)

V.A. Meeting: Dennis (607-5127)

## E.V.I. STEERING COMMITTEE

Chair: Kurt J. (747-8925)

Co-Chair: Bob T. (342-1588)

Secretary: Jenne B. (688-1189)

Treasurer: Lori B. (684-8670)

Vice Treasurer: Bob E. (747-2246)

At-Large: Amanda W. (988-9656)

At-Large: Bill N. (747-7486)

At-Large: Ken L. (747-8270)

At-Large: Lori P. (343-2515)

BOOKKEEPER: Elizabeth R.

## The Lord is My Sponsor

I met Les B. in 1974 at a Montreal meeting. I was only a few weeks into my sobriety. He approached me after the meeting and with the many things we had in common, we became close friends.

Over the years I have been privileged to hear Les speak, and at the conclusion of his sharing, he would recite the following prayer. He had it written on a sheet of paper that he carried in suit jacket every time he talked. I asked him if he had written it and his reply was "No, it came from my Higher Power". I firmly believe he composed it.

Les passed away in 1995 and in his memory I wish to share this prayer with you.

The Lord is my sponsor - I shall not want

He maketh me to go to many meetings

He teacheth me to sit back relaxed, and listen with an open mind

He restoreth my soul, my sanity, and my health.

He leadeth me on the path of sobriety, serenity, and fellowship for my own sake.

He leadeth me to think, to take it easy, to live and let live, and to do first things first.

He maketh me honest, humble, and grateful.

He teacheth me to accept the things I cannot change, to change the things I can, and he giveth me the wisdom to know the difference.

Yea, though I walk through the valley of despair, frustration, guilt, and remorse, I shall fear no evil, for He is with me.

His Program, His Way of Life, and His Twelve Steps - they comfort me.

He prepareth a table before me, in the presence of mine enemies - rationalization,

fear, anxiety, self-pity, and resentment - and he has anointed my confused mind

and quieted my jangled nerves with knowledge, understanding, and hope.

No longer am I alone, neither am I afraid, sick, or hopeless, for my cup runneth

over as sobriety and serenity follow me every day of my life.

I surrender my will to Him, I will carry his message to others, and I will dwell in His

house - the House of my Higher Power - and I will listen and understand Him all

the rest of the days of my life. Amen

Submitted by Bob P. - Eugene

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continued from page 4 (Don't you wish Consumer Reports Rated Sponsors?)`

In an ideal world, there would be plenty of products on the shelf, and their features would be readily apparent, but this is rarely the case with AA sponsors. There may be only one available. Is there ever a circumstance under which no sponsor at all is preferable? Possibly, but it is a mistake to assume so without extensive 'comparison shopping'. Go to other meetings. Get to know a few people in recovery well enough to ask their honest opinion – and listen to it. Call the Intergroup Office. Make a selection – an informed one, if possible, an arbitrary one, if all else fails. Make a good faith effort to work the steps with this person, but don't be surprised or discouraged if the results are less than stellar. As long as you both stay sober, you haven't failed.

For some people, not putting all the eggs in one basket works best. That is, they are 'sponsored' in the sense of having mentors both inside and outside of AA who help them with various aspects of adjusting to sobriety, but they do not have a single designated AA sponsor. For people with strong familial or faith-based support systems, an AA sponsor is still a good idea, but the availability and compatibility of that person are less critical.

I have heard it said several times at meetings, something to the effect that "If you meet one asshole, you've met an asshole – if you meet a succession of assholes, then you're the asshole." Something of this principle applies to sponsorship as well: if you've had one sponsor who's a fascist bastard or an unreachable space case, you've had bad luck; if you've gone through a succession of sponsors and gotten nothing from anyone, it's time for major attitude adjustment on your part.

Martha S.

# EVI Business Meeting Minutes

May 10, 2004

6:32 Meeting opened by Kurt, EVI Chair, with the Serenity Prayer

## Old Business:

The Motion tabled last month, to send money to Oregon Area and GSO, was deferred pending Treasurer's Report.

## Committee Reports:

**Diverter:** Julien Always looking for more volunteers... Please pick up EVI volunteer forms and take back to the groups. Considering reinstating position of group diverter coordinator, to aid recruitment.

**H&I:** Larry W. Lane County Psychiatric Ward closed the end of March... thank you to all those who volunteered CTF: Co-Chair rotated into the Chair position No jail clearances are being processed, and county corrections is pulling clearances of inactive volunteers. If you have a clearance, let the corrections coordinator know whether you are still active. Dennis at the VA meeting rotated out... new coordinator is Ray T

**Speaker Meeting:** Sheri: Is doing OK financially and well attended – soliciting donations for raffle prizes.

**Treasurer:** Lori B. Balance comparison: currently:\$12974.00 approx. \$900.00 above prudent reserve. Group donations down this month. Motion to send \$ up the AA chain: After returning the \$ to an estate and paying all outstanding bills, the balance does not allow us to send money to GSO and Area 58 at this time. This motion was therefore withdrawn.

**Office Coordinator:** Doug. Some shifts still need volunteers. Burglar gave us a \$20.00 money order and a letter of apology. New locks put on back door and west front door. Recommended replacing office air conditioner. Used a zip drive to back up all the files on the computer. Scanner is up and working again. Office volunteers have been instructed not to give out telephone #'s to callers we don't know... or of people who have expressed that they do not want their # given out. Doug investigated Air Conditioners and recommended purchasing a model from Home Depot for \$329.00 that has 18,000BTU and fits the wiring and the hole. Moved, Seconded, and passed. This unit has now been installed.

**Literature:** Todd P. Pending arrival of an order, shelves have been stocked with Big Books from the PI Committee.

**Website:** Jesse Would like to have feedback about the website. Online meeting directory is updated frequently.

**Meeting Directories:** Denna New Directories just came out... Michael W was a big help getting it ready for printing. Please be sure all meeting book changes are entered in the white binder in the EVI office.

**Newsletter:** John G. Going well except for problems with the Printer... were not able to print by this meeting. Copier needs new drum. Encourage members of your home group to submit personal stories, comments, humor, etc – electronic format (disc or email) much appreciated but not required.

**PI:** Shevach New job descriptions are being formulated... looking into responsibilities of committee members. KLSR airing spot. Audio Public Service Announcements given to radio stations... need to follow up and make sure they are being aired. Will have representatives at upcoming health fairs.

**CPC:** Kurt (in lieu of Patty) – trying to organize a CPC workshop with Area rep.

**Activities:** Leslie Announced Golf Tournament: 5 May and picnic July 4 at Emerald Park. Committee could use volunteers, and donations of raffle prizes to help fund activities.

**Outreach:** Lee Still in formative stages - thanks to Annie B. and Kurt for help.

**Archivist:** none present

## Announcements

**Sandy:** Summerfest Chair distributed information and issued a call for volunteers. EVI will have a literature table at Summerfest.

7:41: Motion to Adjourn; closed with the Serenity Prayer

Respectfully Submitted  
Jenne B., EVI Secretary



## EVI Office

1259 Willamette  
Eugene, OR 97401-3509  
Monday-Friday 9:00 am-5:30 pm  
Saturday 9:00 am - 4:00 pm  
Drop by for a visit!

## EVI Web Site

[www.efn.org/~eviaa](http://www.efn.org/~eviaa)

Meeting schedules, business meeting minutes, and much more.

The little squiggle in the address is found right next to the exclamation point on the keyboard. Save a book mark or favorite and check back often!

## E.V.I. News

Emerald Valley Intergroup's Newsletter for the A.A. Community in Lane County

EVI News is a monthly newsletter of the Emerald Valley Intergroup. It is about, by, and for the members of Alcoholics Anonymous fellowship. Opinions expressed herein are not to be attributed to Alcoholics Anonymous as a whole, nor does publication of any article or event or notice imply endorsement by either Alcoholics Anonymous or EVI. (Exceptions: Quotations from A.A. books or pamphlets which are reprinted with permission of A.A. World Services, Inc.) EVI News is produced to support communication within the fellowship; please respect the anonymity of any A.A. member mentioned herein. EVI News reserves the right to edit any submissions for clarity, length, language, and editorial policy. Contributions gratefully accepted for consideration for publication.

Submissions due by last Monday of each month. To submit articles or event information, mail them or drop them off at the EVI office c/o EVI Newsletter. Please include a contact phone #. Submissions can also be e-mailed to: [eviaa@efn.org](mailto:eviaa@efn.org) or [msherw@darkwing.uoregon.edu](mailto:msherw@darkwing.uoregon.edu). Communication Committee (Newsletter & Web Site, Meeting Book) meetings are held at 6pm the first Friday of each month at the EVI office. Call John G (686-5602) with any questions.

# Contributions:

April 2004/Year to Date)  
As Bill Sees It 30.00/30.00  
Attitude Adjustment 135.00/461.11  
Blue River Sunday 10.00/10.00  
Brown Bag Group 75.00/150.00  
Cottage Grove Gratitude 0/0  
Courage to Change 0/0  
Creswell Al-Anon 25.00/25.00  
**Daily Reflections 150/150**  
**Dexter Women's Group 20/20**  
Downtown AM Group 162.00/960  
Drop the Rock 345.00/345.00  
Early Firehouse Group 20.00/20.00  
Freedom of Choice 72.00/72.00  
Friday Night BB Study 220/220  
From The Heart 156.00/156.00  
Get Well Group 0/0  
Gratitude Group 0/0  
The Great Fact Group 0/0  
How It Works 70.00/200.00  
Last Chance Study Group 50.00/80.00  
**McKenzie River Group 0/0**  
Monday Mens Stag 50.00/50.00  
Monday Night Beginners 0/0  
New Freedom 0/0  
New Freedom II 0/0  
Primary Purpose 0/0  
Recovery By The Steps 15.00/15.00  
Rush Hour Group 25.00/25.00  
Saturday Morning Steps 258.50/258.50  
Search For Serenity 202.00/546.00  
Sober Awakenings 556.87/556.87  
Sobriety for Life 130.00/130.00  
Springfield Monday Night 0/0  
Stairway to Sobriety 100.00/125.00  
Sunday Morning 0/0  
Sunday Sunshine 0/0  
Sunlight of the Spirit 25.00/25.00  
Sunday Big Book 116.72/116.72  
Sunday Night B.B. Study 0/0  
Thurs. Men's Book Study 0/0  
Thurs. Men's Spons. Group 0/0  
Try God Group 214.12/431.62  
Tuesday Night Mens Stag 0/0  
Veneta Gratitude Group 55.00/55.00  
Vet's and Friends 100.00/100.00  
We Need Each Other 0/0  
**Wednesday Beginners 80.00/80.00**  
Wed. Night Men's Stag 15.00/255.00  
Women's Bedrock 0/0  
Women's Courage to Change 77.13/77.13  
Women's How It Works 15.00/60.00  
Womans Rd. to Recovery 0/0  
Women's Wednesday 0/0  
Total Contributions Group  
month/ytd 1963.00/5881.19  
**Contributions: Individual**  
Anonymous/Unknown 85.13/306.73  
Faithful Fivers 35.00/486.40  
Total Contributions/Ind.  
120.13/788.13

## Don't You Wish Consumer Reports Rated Sponsors?

Choosing a sponsor is an important step for the newcomer to AA. This choice may well make the difference between sticking with the program and relapsing. Yet, the conference approved literature gives only rough guidelines. Sponsoring effectively is a skill and an art for which there is no formal training program and no process of certification – no way for the newly sober person to determine to what extent a potential sponsor is qualified for the job.

Based on my own experience and observation, the following guidelines have proven helpful.

(1). Attraction rather than promotion. The person who collars a newcomer and pressures him into appointing him as sponsor is probably a poorer choice than someone who simply announces he is available. A successful sponsorship relationship depends on both sponsor and sponsee listening to each other and being willing to modify their expectations and actions so they best serve the recovery of both. A sponsor who knows all the answers already and is aggressively promoting himself is not likely to be flexible.

(2). Length of sobriety. In my home group we do not recommend sponsoring with less than a year of sobriety. Although people with less time are often very helpful to newcomers, they rarely have the knowledge or stability to serve effectively as a primary sponsor. Having a potential sponsor serve a 12<sup>th</sup>-step apprenticeship under his own sponsor, working with him jointly before undertaking the role solo, works well.

On the other hand, there does not seem to be a close correlation between length of sobriety and ability to sponsor once a person has completed the steps and is comfortable with a sober lifestyle; someone with two or three years may indeed be a better bet than someone with twenty, especially if he or she is a better match in terms of other compatibility factors.

(3). Cultural compatibility. Sponsorship arrangements between totally unlike individuals can work, but in general, if there is a choice, it is better to work with someone with whom we would feel comfortable under other circumstances. If there is a large discrepancy in age, or religious beliefs, or education level, or life experience, between the two, it makes communication and trust more difficult. The conference-level recommendation that men sponsor men and women sponsor women is not absolute; it is intended to prevent interference from romantic entanglements and ensure that people can confide frankly about intimate personal matters relevant to sobriety. Gay AA's are often happier with a gay person of the opposite gender, and older people less troubled by stirrings of romance.

(4). Occasionally I hear complaints that a sponsor has used his position to promote his own professional services, or has required a sponsee to perform unpaid personal services such as yard work. This is contrary to AA policy, born of experience. What we get from the program, we give freely to others. If a sponsor asks for or accepts payment, it's time to get another sponsor. For the most part, professionals in the substance abuse field don't become involved in sponsorship, because of potential conflict of interest.

(5). Availability – A person new in sobriety needs a sponsor who is easy to reach and has sufficient time to devote to working the steps. He probably needs someone who will at least occasionally take the initiative, calling and setting up appointments when the newcomer is slacking off or becoming discouraged.

continued on page 6

# June Calendar

- 1st Mon Steering Committee 6:30PM  
Tue District 20, 6:30PM 418 A St. Myron M. 345-5827  
Tue District 33, 6:30PM Alan U. 741-2617  
Wed District 19, 5:30PM Sandy V. 485-4827  
Thur Speaker Mtg Committee, 7:00PM Vicki 688-5042  
Fri Communication Meeting, 6:00PM  
Sat Activities, 5:00PM Holly 338-0316  
Sun EVI Business Meeting 6:30PM  
2nd Mon District 6, 6:30PM Tim A. 726-8558  
Sat Answering/Diverter, 10:00 AM Julien 520-7408  
Sat EVI Speaker's Meeting, 7:30PM, 2801 W. 18th  
3rd Tues Public Information, 6:00PM Shevach, 683-5254  
Last Wed H& I Committee, 6:00PM



## Fellowship Events

**The EVI Fourth of July Picnic** takes place Sunday, July 4, from noon to 4 pm, at Emerald Park on Lake St. off Howard and River Road. Bring a dish to share (protein and grill provided). Games, raffle, pinata, more - bring the whole family.

**Summerfest '04** will take place July 9-11, at the Eugene Hilton. Information on speakers and registration forms can be found at [www.aa-summerfest.org](http://www.aa-summerfest.org), or at the EVI office. Volunteers are needed in many capacities

The Pacific Regional Forum, at the Doubletree Columbia River Inn in Portland, happens July 16-18, and features presentations and workshops by Trustees and staff of the AA General Service Office. This is open to any AA member. There is no registration fee.

The Pacific Northwest Conference, Joy of Living, Happens July 2, 3, 4 in Yakima. Registration Info is available in the EVI office.

Pathfinders (formerly Recovery Riders) organizes outdoor events for AA members and their families. Check out their website (<http://www.geocities.com/recoveryriders/>) for information on trips.

The 10th Annual Spirit Fest Warm Springs Campout is July 9th-11; see info in EVI office or call Jamison at 541-553-9326.

The South Coast Roundup in Brookings will happen July 30-August 1; for information see [www.aa-district 30-area 58.org](http://www.aa-district 30-area 58.org).

The EVI office has flyers and information about all of the above events.

## Gratitude:



### Currently Available Service Positions:

H&I has a constant, and varied need for people willing to do a little to a lot of service work.

**Public Information** needs people with transportation to deliver literature. There is no minimum sobriety requirement for most PI service positions.

**The Diverter** seeks volunteers to take calls to the local AA number after hours. Contact Julien (520-7408) for details, or obtain information and application forms from the EVI office.

**The EVI Office** can always use people who are able to answer phones and perform office functions for one four hour shift per week. Contact Doug (461-3872), or stop by the office for information.

**The Activities Committee** could use more volunteers to help plan and staff events. There is no minimum sobriety requirement; time commitment is flexible. Call Sylvia, 485-3482, or Leslie, 746-3359.

**Summerfest '04** needs volunteers for registration, events coordination, etc. Contact Sandy H, 606-8178 for more information. There is a volunteer meeting July 5 at 7 pm at the Hilton.

### Addresses for Group Contributions

Emerald Valley Intergroup  
1259 Willamette Street  
Eugene, OR 97401-3509  
Contributions for Districts 6, 19, 20, and 33 may also be sent to the above address. Indicate the district on the envelope.

Oregon Area 58 Treasury  
PMB 172  
1972 NE 3rd St.  
Bend, OR 97701

AA General Service Office  
PO Box 459  
Grand Central Station  
New York, NY 10163-0459