

# Faithful Fiver Pledge:

Emerald Valley Intergroup  
1259 Willamette  
Eugene, Oregon 97401

# GET THE NEWS!

- I pledge \$5 per month to support EVI and service work in my community
- I'm feeling grateful, I can send \_\_\_\_\_ per month
- I will mail or drop off my contribution: Monthly
- Four times a year (\$15 each)
- Once a year (\$60)

Name:

Address:

when you acknowledge my contribution, please list me as (first name, Initial, or nickname):

"Faithful Fivers" are individuals who donate \$5 or more per month to help support Intergroup. We will post your nick name on a board in the office, with a little red dot placed for each months contribution, so you can track of your contribution. (We don't remind you, or otherwise keep track of it for you, and we will send you a newsletter whether or not you have remembered to send in your pledge.) You can contribute monthly, quarterly or yearly, and if you check the receipt box, and are on the News mailing list, we will send you a receipt at the end of the year. (If you want a receipt, but would like to save EVI postage by picking up the News at the Office, or the EVI Business Meeting, fill out your nickname and address, but write "no news" next to your address.)



stamp

Emerald Valley Intergroup  
1259 Willamette Street  
Eugene, Oregon 97401

# You Have What You Need II:

## Time

When I was a working single parent, having my own offspring or one of her friends expound plaintively (as teenagers are wont to do) “I’m bored. There’s nothing to do around here,” filled me with the sort of frustrated irritation I might experience if an acquaintance said, “I’m so filthy rich I can’t find enough things to spend my money on.” Next to money, discretionary time seems to be the commodity people in our society feel is in shortest supply. Moreover, we take the expression “Time is money” to be a literal absolute applicable in all circumstances, and perceive that any concentration of discretionary time on non lucrative aspects of living must come at the expense of monetary gain. One or the other side of the time=money equation (if not both) must always be insufficient.

An excuse which is heard all too often in AA, in connection with regular attendance at meetings and especially with service work, is “I’d love to do it, but I haven’t got the time.” In some ways this is a more difficult barrier to overcome than “I haven’t got the money,” because it is easier to make a monetary subsidy available to an indigent client than to create discretionary time in a complicated schedule.

When a person first gets sober, making enough time for AA is rarely a problem. At the very least, the person has been spending many hours a day too intoxicated to do much of anything, and needs something to fill up those hours. He or she either has no relationship with a significant other, or has a relationship to which little time and energy are devoted. He may well be unemployed. To the newly sober person with no life to speak of, the ability of AA to expand to occupy large chunks of time is a godsend.

Gradually, however, the recovering alcoholic gets a life. He finds a job, and the family demands attention. Hobbies and non-alcohol fueled recreation become more attractive. This individual sees that there are still twenty-four hours in a day, but far more things which must be sandwiched in. Just when he can begin giving back in earnest what he has received from AA, the alcoholic convinces himself that he doesn’t have the time.

Some people perform amazing feats of squeezing meetings and service work into lives which appear to be completely booked. Our current DCM in District 19 is a single parent who works and goes to school; she also volunteers at the jail, and still manages to pursue her hobby of choice – hang gliding.

If you look around at every level, you will see that the most involved people – the ones who show up on a consistent basis and undertake time-consuming service positions, are, for the most part, people whose lives outside AA are rather busy. Some people refer to this type of person, deprecatingly, as a “service junkie.” In a sense, this is accurate – in the sense that any concentrated passion may be regarded as an addictive process.



# E.V.I. News

October 2004

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# AA Meetings:



## New:

Saturday Creswell Group, New Hope Baptist Church, 401 S. Front St., **Creswell**. 7-8 pm.

The Way Out, 316 S. 52nd St., Springfield, Sundays, 8-9 pm.

Gratitude Group, Saturday, 9-10 AM, Valley Methodist Church, 25133 Broadway, **Veneta**.

## Changed:

As Bill Sees It, Wednesday 7pm, has moved from The Knights of Pythias to Lamb Cottage at 110 Cheshire St.

Serenity Seekers West now meets twice a week, Tuesday/Thursday, noon-1pm, at the Friends Church, 3495 W. 18th ave.

New Freedom, meeting MWF at 5:30 at 2200 Coburg Road: Note: Handicapped access is at back of building.

Friday Young People's, 8-9pm, has moved from Knights of Pythias to St. Mary's Episcopal Guild Room at 13th & Pearl.

## Canceled:

Emotional Sobriety, 10 AM Friday, Jesco Club.

The Alano Club in Cottage Grove is still operating. Rumors of its demise were premature.

*Please remember to let us know if your group stops meeting. This will save people frustration or worse when they really need a meeting. To submit changes of any kind please fill out a form in the "Meeting Book Changes" book at the EVI office. Ask a volunteer at the front desk for a form. You may also phone in any changes during EVI office hours. Thanks!*

Continued from page 1

From this point of view, the only mentally healthy person is uniformly, tepidly apathetic, and any excellence achieved at the expense of some other facet of existence a symptom of pathology. Personally, I'm grateful for service addiction, and many other addictions as well.

Anyone who has been around AA for very long has heard numerous cautionary tales about people who thought they had become too busy for AA, who eventually relapsed. Though this is not necessarily inevitable, it's certainly common enough to put lack of involvement fairly high on the list of precursors to relapse - with all its attendant misery. Bill Wilson was absolutely right when he made carrying the message to other alcoholics the capstone Twelfth Step of the AA program.

The average person works long hours to pay for insurance against the financial ruin that would accompany unlikely disasters - should a person not be willing to spend at least as much time insuring himself against the probable calamity of relapse? The best health insurance in the world won't keep you from getting sick; your AA sobriety insurance *will* keep you from getting drunk!

Believe that time is adequate, and it will be. Become convinced that it's not, and it definitely won't be. That's the lesson I've learned in my own life, and one I've seen played out over and over in other people's lives. The "I'm too busy" syndrome leads to indecisiveness and procrastination, to effort wasted on projects which are never completed. If you think you don't have time for meetings or service work, look back on the past week - the past month. Were all those things you thought were more important accomplished in a timely and efficient manner, or did those four hours you allegedly spent on X consist of an hour and a half actually doing X, and two and a half hours of random time-wasting wheel-spinning? If the answer is yes, then the next time you find your wheels spinning, shift gears. Get your ass to a meeting.

Martha S., Eugene, Oregon

It's not often you encounter a murder mystery in which the murderer, the victim, and the getaway horse all had drinking problems, but such was the case in Chiselhurst, near London, in 1813. A maidservant, going to wait on her elderly employers early one morning, discovered that they had been brutally bludgeoned to death with a fireplace poker. She aroused the manservant, who was sleeping off a spree; he commandeered his master's horse and rode off, supposedly in search of aid. By ill chance the master, a hearty toper, had trained his horse to stop at every pub between Chiselhurst and London, rewarding the animal with a bucket of beer at each stop. The horse wouldn't budge without its accustomed drink, and the servant, who was later convicted of the murder, could not refrain from spending his ill gotten gains at these pit stops. By the time he reached London he was so drunk he actually reported the crime to the police; once they'd determined that he was a suspect, they had no trouble finding and apprehending him. The guilt of the suspect was established to the satisfaction of the jury, but his motives remain a mystery. During preliminary questioning he attempted to cut his throat, and succeeded in nearly severing his tongue. Since he was illiterate, this effectively prevented a last-minute gallows-side confession.

# Echoes in the Valley

Echoes in the Valley is a collection of wit and wisdom heard at area meetings. While not always original, they represent local shares by your fellow recovering alcoholics. Quotes are credited to the speaker with permission; otherwise, they are anonymous.

(Topic was 11th step - meditation) A friend told me not to quit thinking. It's like a train station. The trains come in, the trains go out. Just don't get on any of the trains.

Emory, Tuesday Nooney Looney.

When you approach someone to make an amend for your ninth step, never start the conversation with: "If you were never born..."

Anonymous

I kept people at a distance and felt excluded - funny how that happens.

Jane H., Sober Awakening

I don't buy that depression is self-indulgence. Usually it's more like an accurate assessment of the situation.

Amanda, Sober Awakening

I've always enjoyed being around people who like to drink - and here I am!

Eric, Alternate Delegate, at Area 58 Quarterly Assembly.

I lost my license, so I've been riding a bicycle. At some point I decided to turn it into a tandem bike - with my Higher Power as the other rider. For a while, I was in the front seat, but these days, that Higher Power is up front, and when He or She says pedal, I pedal.

Gail, Downtown A.M.

If you take "listen" and unscramble the letters, it really is "silent"

Herb, Sober Awakening



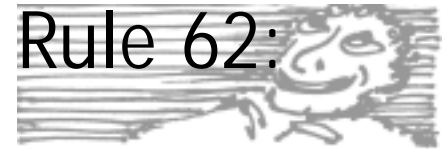
An Irishman had been drinking at a pub all night. The bartender finally said that the bar was closing. So the Irishman stood up to leave and fell flat on his face. He tried to stand up one more time, with the same result. He figured he'd crawl outside to get some fresh air, and maybe that'd sober him up. Once outside, he stood up and fell on his face again. So he decided to crawl the four blocks home. On his doorstep, he again fell flat on his face. When he reached his bed, he tried one last time to stand up. This time he managed to pull himself upright, but he quickly fell right into the bed and was sound asleep as soon as his head hit the pillow.

He was awakened the next morning by his wife standing over him, shouting, "SO YOU'VE BEEN DRINKING AGAIN!"

Putting on an innocent look, and intent on bluffing it out, he said, "What makes you say that?"

"The pub just called. You left your wheelchair there again."

Found on [www.drunkbastard.net/drunkhumor](http://www.drunkbastard.net/drunkhumor) This is a rich website with lots of laughs, some in reasonably good taste.



## Rule 62:

A woman walked into a store in a small town and asked the new clerk for a pound of cheese and half a dozen oranges. The clerk looked at her, puzzled, and then remarked, "Oh, you must be the town drunk." "How did you know?" snapped the woman. - "This is the hardware store."

Told by Darlene at the Quarterly Assembly, Salem.

Math and alcohol don't mix - please don't drink and derive.

History tells us that men and nations behave wisely once they have exhausted all other alternatives. -Abba Eban-

To err is dysfunctional - to forgive codependent. -Berton Averre

He was born with a silver foot in his mouth. -Ann Richards on George Bush, Sr.



# People:

*continued from page 4 (Conscience)*

## OFFICE VOLUNTEER COORDINATOR

Doug R. (461-3872)

## ACTIVITIES

Sylvia (485-3482, cell 913-7115)

## ANSWERING SERVICE

Julien X. (541-520-7408), Joe H. (232-1267)

## ARCHIVIST

Jim G. (689-5052), Bob T. (342-1588)

## COOP. PROFESSIONAL COMMUNITY(CPC)

Nadine P. (683-5730)

## E.V.I. COMMUNICATIONS:

Newsletter: Martha S. (687-9569)

Website: Karla B. (744-0509)

Meeting Directories: Denna (344-7996)

## E.V.I. SPEAKER MEETING

Vicki K. (688-5042), Donna H. (689-2335)

## LITERATURE

Tim A ( 726-8558)

## OUTREACH

Lee F. (302-1408), Angela D. (683-6551)

## PUBLIC INFORMATION (PI)

Shevach (683-5254), Tim B. 465-1053

## HOSPITALS & INSTITUTIONS (H&I)

Chair: Larry W. (513-5626)

## HOSPITALS

Chair: Steve S.(914-9258), Todd (302-6377)

## COOP. TREATMENT FACILITIES(CTF)

Janis B. (935-8833), Cayce (520-5635)

## CORRECTIONS

Chair: Tom R. (465-1832),

Bob L. (689-6960)

## H&I Coordinators

Lane County Jail: Bob L. 689-6960

## C.C.C. (Women's):

C.C.C. (Men's): Jim H. (543-9653)

Alma Work Camp: Larry W.( 513-5626)

Pathways: Kenny (461-2937)

Serbu Detention: Tom R. (465-1832)

Carlton House:Robert S. (684-9439)

W.F.T.-Friday Night: Virginia (338-7174)

W.F.T.-Book Study: , Mindy S. (954-2048)

Serenity Lane-Speaker: Phillip S. (342-2180)

Serenity Lane-B.T.G.: Gus P. (463-1691)

Serenity Lane-Sat. Cindy D. (988-0183),

Jason (912-8217)

Serenity Lane St. Night Live Hank A. (484-

6259)

Johnson Unit: Jill (302-1311)

## E.V.I. STEERING COMMITTEE

Chair: Kurt J. (747-8925)

Co-Chair: Bob T. (342-1588)

Secretary: Jenne B. (688-1189)

Treasurer: Lori B. (684-8670)

Vice Treasurer: Bob E. (747-2246)

At-Large: Amanda W. (988-9656)

At-Large: Ken L. (747-8270)

At-Large: Lori P. (343-2515)

At-Large: Frank K. 345-7131

BOOKKEEPER: Elizabeth R.

do, however, is break off communications entirely without destroying the whole machine.

Our conscience is that line of communication. Instinct is our receiving set and prayer is the transmitter.

When the system is working properly, free of interference from our vaunted reasoning power and free will, we are living right.

This means placing conscience above all, as the very essence of our Higher Power.

How often have we prayed and sat back waiting for a miraculous answer when all we had to do was 'tune in' on our conscience and the answer was right there all the time.

The full appreciation of this fact has been to me the spiritual awakening mentioned in the Twelfth Step.

The realization that I have within me, and always have had, a readily available means of communication with the Higher Power, is truly a spiritual experience.

That the conductive properties of this line have not suffered from many years of neglect, and only needed an injection called AA, at the receiving end, is something for which I must be truly grateful, because to this fact I owe my present happy state of contented sobriety.

All I have to remember is to keep listening to my conscience and tuning out the interference of insidious material thinking for this happy state to continue from day to day.

A.K.T., Montreal, Canada, From the Grapevine, October, 1963

The writer of the above piece clearly believes in a concrete supernatural Higher Power, but a little reflection ought to bring about the realization that conscience is not obligately tied to such a concrete belief. Conscience creates in us the unpleasant emotion of guilt or shame we feel when we do (or contemplate doing) something that we sense is wrong, and expect to get away with it. If we don't expect to get away with it, the emotion is largely replaced by fear of immediate negative consequences.

Suppose your Higher Power at the moment is your AA group. Your conscience tells you that it would be wrong to swipe money out of the collection basket, even though you're quite hard up. This does not require a direct line to the Creator of the Universe; awareness of the group conscience is quite sufficient. A lot of what we call 'wrong' boils down to actions which harm other members of an interacting social group, especially if that harm exceeds any benefit to the selfish individual who perpetrates them. Even if conscience is nothing more than an instinctive inner voice which cuts through conscious rationalizations to tell us when this sort of harm is likely to occur, and has nothing to do with the Creator of the Universe (if any), it's still important to listen to it.

Martha S,

## EVI Business Meeting Minutes, September 13, 2004

Called to order at 6:30 with Kurt J. chairing.

**Old Business:** Tabled motion to make Directories chair and co-chair positions two year terms. Steering Committee recommended against. Failed.

Printer Report: Our copier is failing. A committee is researching purchasing a new machine.

### **New Business:**

A. Announcements:

Carolyn (Al-Anon Liaison) Monthly Al-Anon Speaker meeting and breakfast.

Harold is having a barbecue on Saturday, September 18.

Sylvia (Activities): Java Jive Talent Show scheduled for September 25.

Encourage people to attend the Downtown AM newcomers workshop on Wednesdays.

**B. Elections and Committee Chair rotations.** Note that there is a six month sobriety requirement and that open positions are normally announced one month and filled the following month.

Literature Chair: Tim A., Co-Chair open.

Website Chair: Karla , Co-chair open.

Directories Chair: Denna, Co-Chair open.

Newsletter Chair: Martha S., Co-chair open

Activities Chair: Sylvia, Co-chair open, Sylvia will canvas committee.

Outreach chair: Lee, Co-chair Angela D. (683-3551)

CPC: Needs Co-chair.

### **Committee Reports:**

Speaker Meeting: Donna (689-2335) - Looking for local speakers.

Treasurer: Lori B. Presented spreadsheet. Group contributions up, literature sales up, \$3000 over prudent reserve. Chairs should review committee budgets for remainder of year.

Office Coordinator: Doug: Some shifts need volunteers. Co-coordinator position is open; position rotates in January.

Literature: Has done inventory and put in an order for books.

Website: Karla: Keeping online meeting book up to date. Had problem with e-mail, hopefully fixed.

Meeting Directories: Denna Directory file updated and ready for next printing.

Newsletter: Martha: All local material in this issue; still having printing problems.

Diverter: Bob E. Working smoothly. We need more volunteers.

PI: Shevach. Has supplied radio stations with tapes, contacted central office for written publicity spots to read. Video spots are airing on local TV. Will have booth at Eugene Celebration, also ongoing Saturday Market booth.

Activities: Sylvia: Reminder of Java Jive on September 25.

Outreach: Lee F. Has made up packets, visited two meetings this month.

7:40 - Adjourned, closed with Serenity Prayer.

Respectfully submitted

Jenne B., EVI Secretary

(Abridged by newsletter co-chair)

To know how to wait is the great secret of success.

*J. M. de Maistre*

I worry - I putter - I push and shove, hunting little molehills to make mountains of.

*L. B., New York City*

Men's faults are characterisitc: it is by observing a man's faults that one may come to know his virtues.

*Confucius*



## EVI Office

1259 Willamette  
Eugene, OR 97401-3509  
Monday-Friday 9:00 am-5:30 pm  
Saturday 9:00 am - 4:00 pm  
Drop by for a visit!

## EVI Web Site

[www.efn.org/~eviaa](http://www.efn.org/~eviaa)

Meeting schedules, business meeting minutes, and much more.

The little squiggle in the address is found right next to the exclamation point on the keyboard. Save a book mark or favorite and check back often!

## E.V.I. News

Emerald Valley Intergroup's Newsletter for the A.A. Community in Lane County

EVI News is a monthly newsletter of the Emerald Valley Intergroup. It is about, by, and for the members of Alcoholics Anonymous fellowship. Opinions expressed herein are not to be attributed to Alcoholics Anonymous as a whole, nor does publication of any article or event or notice imply endorsement by either Alcoholics Anonymous or EVI. (Exceptions: Quotations from A.A. books or pamphlets which are reprinted with permission of A.A. World Services, Inc.) EVI News is produced to support communication within the fellowship; please respect the anonymity of any A.A. member mentioned herein. EVI News reserves the right to edit any submissions for clarity, length, language, and editorial policy. Contributions gratefully accepted for consideration for publication.

Submissions due by last Monday of each month. To submit articles or event information, mail them or drop them off at the EVI office c/o EVI Newsletter. Please include a contact phone #. Submissions can also be e-mailed to: [eviaa@efn.org](mailto:eviaa@efn.org) or [msherw@darkwing.uoregon.edu](mailto:msherw@darkwing.uoregon.edu). Communication Committee (Newsletter & Web Site, Meeting Book) meetings are held at 6pm the first Friday of each month at the EVI office.

# Contributions:

April 2004/Year to Date)  
As Bill Sees It 30.00/30.00  
Attitude Adjustment 253.80/1135.11  
Blue River Sunday 10.00/10.00  
Brown Bag Group 75.00/150.00  
Buckley Pass it On 20.00/20.00  
Cottage Grove Gratitude 98.00/98.00  
Creswell Al-Anon 25.00/25.00  
Daily Reflections 150/150  
Dexter Women's Group 20/20  
Downtown AM Group 262.00/1816.00  
Drop the Rock 190.00/535  
Early Firehouse Group 20.00/20.00  
Freedom of Choice 24.00/96.00  
Friday Night BB Study 150.00/370.00  
Friday Physical Awakening 105.00/105.00  
From The Heart 525.00/681.00  
The Great Fact Group 10.00/10.00  
Host of Friends 100.00/100.00  
How It Works 60.00/400.00  
Last Chance Study Group 50.00/80.00  
McKenzie River Group 127.00/127.00  
Mohawk Brown Bag 10.00/10.00  
Monday Mens Stag 50.00/50.00  
Monday Night Beginners 0/0  
New Freedom 0/0  
New Freedom II 0/0  
Recovery By The Steps 15.00/30.00  
Rush Hour Group 25.00/25.00  
Saturday Morning Steps 330.00/588.50  
Search For Serenity 140.00/789.00  
Serenity Seekers 117.00/117.00  
Sober Awakenings 556.87/556.87  
Sobriety for Life 130.00/130.00  
Springfield Monday Night 0/0  
Stairway to Sobriety 25.00/175.00  
Sunlight of the Spirit 25.00/25.00  
Sunday Big Book 116.72/116.72  
Sunday Night B.B. Study 0/0  
Thurs. Men's Book Study 0/0  
Tues Night Young People 133.00/308.00  
Thurs. Men's Spons. Group 0/0  
Try God Group 357.84/1170.62  
Tuesday Night Mens Stag 0/0  
Veneta Gratitude Group 50.00/105  
Vet's and Friends 100.00/100.00  
Wednesday Beginners 80.00/80.00  
Wed How it Works 10.00/30.00  
Wednesday Men's Noon: 18.43/18.43  
Wed. Night Men's Stag 250.00/505.00  
Women's Bedrock 0/0  
Women's Courage to Change 77.13/77.13  
Women's How It Works 20.00/80.00  
Womans Rd. to Recovery 0/0  
Total Contributions Group  
month/ytd 1139.23/11,056.62  
**Contributions: Individual**  
Anonymous/Unknown 17.12/470.45  
Faithful Fivers 115.00/936.14  
Total Contributions/Ind.  
132.12/1406.59

## Conscience

### A close look at its meaning for AAs

In AA we are much concerned with slogans, and rightly so. Many of those we use are very effective in channeling our thinking in the right direction.

In our enthusiasm for new and original phraseology, however, let us not forget some of the fundamental rules for living that have come down to us through the years from the great philosophers and thinkers of the past. Sayings that, by the very fact of their universal acceptance as basic truths, have become so familiar as to lose much of their significance.

A little reflection on some of these gems of wisdom is time well spent. What, for instance, could be more basic to peaceful and harmonious human relationships than the aptly named Golden Rule: "Do unto others as you would have them do unto you," or more truthful than, "Whatever you sow, so shall you reap."?

Think of the untold benefits that would accrue to mankind if only these rules were conscientiously applied and adhered to in world affairs today.

On a more personal plane, however, there is one particular saying that, to this writer, since joining AA, has taken on entirely new meaning and value: "Let your conscience be your guide." Surely here is the most all embracing rule for rightful human behavior in our language.

This new conception of it came, I think, in contemplation of the Steps, particularly the fourth, tenth, eleventh, and twelfth, when I realized how important *conscience* was in making an honest 'moral inventory' of myself.

When the true spiritual aspect of the word *conscience* becomes clear to us, the adage 'Let your conscience be your guide' takes on a significance that confounds our previous indifferent acceptance of it as a saying to be casually thrown at the *other fellow* when we wanted *him* to do the right thing.

Our personal moral inventory brought this point home to us very forcibly and led to further reflection on the word conscience.

What else can our conscience be but that part of our non-physical, hence spiritual, make-up, that keeps contact with our Maker? This all-important link is established at birth and is a permanent, indestructible portion of our being.

As children, we follow its guidance more or less instinctively, as do all of God's creatures. It is only as we grow up in this so-called civilized world that we learn how to compromise with it and rationalize its message, to suit our worldly needs.

For some purpose, beyond our concept, our Maker has endowed us with reasoning power and a measure of free will. Thus, although the instinctive messages distinguishing 'right' from 'wrong' never cease, we may choose to listen, or not to listen; to obey, or not to obey. The one thing we can't

# October Calendar

- 1st Mon Steering Committee 6:30PM  
Tue District 20, 6:30PM, 418 A St. Myron M. 345-582  
Tue District 33, 6:30PM, Alan U. 741-2617  
Wed District 19, 5:30PM, Sandy V. 485-4827  
Thur Speaker Mtg Committee, 7:00PM, Vicki 688-5042  
Fri Communication Meeting, 6:00PM  
Sat Activities, 5:00PM, Sylvia, (485-3482)
- 2nd Mon EVI Business Meeting 6:30PM  
Wed District 6, 6:30PM, Tim A. 726-8558  
Sat Answering/Diverter, 10:00 AM, Julien 520-7408  
Sat EVI Speaker Meeting, 7:30 PM, 2801 W. 18th
- 3rd Tues Public Information, 6:00PM, Shevach, 683-5254  
Last Wed H& I Committee, 6:00PM  
Thur Outreach, 6:30 PM, EVI Office



## Fellowship Events

**Pathfinders (formerly Recovery Riders) organizes outdoor events for AA members and their families. Check out their website (<http://www.geocities.com/recoveryriders/>) for information on trips.**

**The Women's Bedrock Speaker's Meeting commences October 21 at 7pm at St. Mary's Episcopal, 166 E. 13th Ave.**

**The Speakers for the October EVI Speaker meeting, 7:30 pm, October 9, are Lance S. (Al-Anon) of Eugene, and Dee W., of Roseburg.**

**The Activities Committee has scheduled a Halloween Dance at Emerald Park, River Road. Saturday, October 30, with participation meeting 7-8:30 and festivities for all ages at 9. Wear costumes.**

**District 20 is holding a workshop on The Family Afterwards, Saturday, October 9, at 10 AM-2PM at the Lowell Grange Hall.. There will be a potluck, with meat and drinks provided.**

**District 19 is holding a workshop on AA history on Saturday, October 23, from noon 'til three, At Agate Hall. Potluck lunch; pizza and drinks provided. Oregon Area Archivist will have a presentation.**

**District 16 Al-Anon is having an international dessert potluck and silent auction on Sunday, October 24, from 4-5:30 pm at the First Presbyterian Church, 330 SW 6th, Albany.**

**The EVI office has flyers and information about all of the above events.**

## Gratitude:



### Currently Available Service Positions:

**H&I** has an ongoing, and varied need for people willing to do a little to a lot of service work.

**Public Information** needs people with transportation to deliver literature. There is no minimum sobriety requirement for most PI service positions.

**The Diverter** seeks volunteers to take calls to the local AA number after hours. Contact Julien (520-7408) for details, or obtain information and application forms from the EVI office.

**The EVI Office** can always use people who are able to answer phones and perform office functions for one four hour shift per week. Contact Doug (461-3872), or stop by the office for information.

**The Activities Committee** urgently needs more volunteers to help plan and staff events. Please, if you want to continue having fun events, get involved. There is no minimum sobriety requirement; time commitment is flexible. Call Sylvia, 485-3482, or Leslie, 746-3359.

### Addresses for Group Contributions

Emerald Valley Intergroup  
1259 Willamette Street  
Eugene, OR 97401-3509  
Contributions for Districts 6, 19, 20, and 33 may also be sent to the above address. Indicate the district on the envelope.

Oregon Area 58 Treasury  
PMB 172  
1972 NE 3rd St.  
Bend, OR 97701

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