

# Faithful Fiver Pledge:

Emerald Valley Intergroup  
1259 Willamette  
Eugene, Oregon 97401

# GET THE NEWS!

- I pledge \$5 per month to support EVI and service work in my community
- I'm feeling grateful, I can send \_\_\_\_\_ per month
- I will mail or drop off my contribution: Monthly
- Four times a year (\$15 each)
- Once a year (\$60)

Name:

Address:

when you acknowledge my contribution, please list me as (first name, Initial, or nickname):

"Faithful Fivers" are individuals who donate \$5 or more per month to help support Intergroup. We will post your nick name on a board in the office, with a little red dot placed for each months contribution, so you can track of your contribution. (We don't remind you, or otherwise keep track of it for you, and we will send you a newsletter whether or not you have remembered to send in your pledge.) You can contribute monthly, quarterly or yearly, and if you check the receipt box, and are on the News mailing list, we will send you a receipt at the end of the year. (If you want a receipt, but would like to save EVI postage by picking up the News at the Office, or the EVI Business Meeting, fill out your nickname and address, but write "no news" next to your address.)



stamp

Emerald Valley Intergroup  
1259 Willamette Street  
Eugene, Oregon 97401

# Touched by an Angel in AA?

Or

## A Higher Power with a Sense of Humor

I am a sixty year old male who found himself checking into Salem Hospital at the end of February for open heart bypass surgery. This was due, in a large part, to my lifestyle and long-term drug and alcohol abuse. I had enjoyed some 8+ years of sobriety in the AA program, which is a spiritual program. I had drifted away from God and the program while trying to save my failing business, oblivious to the self-lie I bought which was, "as soon as I save my business (by working longer hours, etc.) I will spend more of my time in the AA program and spiritual matters." My hypocrisy was self-deceiving to a large measure, as I was telling the people I sponsored to put their spiritual program first. You might say I had my priorities mixed up, or backwards, at least.

It was during this period of time that my business burned to the ground, and because we were underinsured, we were forced to file bankruptcy. Not long after that, my son drowned in a boating accident on the McKenzie River, which fueled the relapse already in place. This minor relapse, as I called it then, started with prescription drugs, and lasted three and a half years. Further, my activities while drug-impaired got me into a situation that was so out of character and bizarre, that I was put in jail and humiliated my wife and family. While incarcerated, my head cleared and in spite of some gripping fears, I was able to reconnect to that spiritual force I call God. Hence, I have returned to the life of happy, joyous and free, and have over a year of sobriety.

All this brings me to the operating table to undo what physical damage I have caused, and to live the last few chapters of my life in as good a health as possible so that my epitaph is a positive one that my wife is proud to write.

A triple bypass was performed, and the surgery went well. In fact, with all the prayer support I was getting from my 7 AM Attitude Adjustment meeting of AA, the church, my friends and family, I actually healed 35% faster than anyone expected, especially considering I also have diabetes. I felt better than I had in years.

At the end of May, I started having chest and neck pains like I had before the heart surgery, so I did the only intelligent thing I could think of which was to deny I was having the pain, thus ending up at Dr. Bolz' office, who said, "Go to the emergency room at Sacred Heart Hospital" which turned out to be the thing that saved my life. My friend Marty kept insisting I call my wife because I was in denial of the seriousness of the matter. Once in the emergency room and following some test results, the doctor said, "Its your heart and we need to get you upstairs to the cardiac unit."

I said to the doctor, "When would you like me to come back?" He said, "You're not leaving." Then they brought in the heart monitor and hooked it up to the foot of my bed and attached the wires to several spots on my anatomy. Suddenly on the TV-like monitor appeared erratic spikes and jagged valleys representing my heart's rhythm. While my eyes were glued to the screen, I noticed the male nurse put a strange looking box on top of the monitor. After observing the strange looking apparatus.

"Oh God, it's the paddles!" I said to the nurse while trying to look brave to my wife, "Just what did you intend to do with those things?" He said, "Oh, its just a precaution. Being the keen, articulate, intellectual type, I realized there might be a minor problem going on here. By now I was sure I had blown my cool, calm exterior with my wife and others with my articulate response, "Oh, shit, we better pray!"



# E.V.I. News

September 2004

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Emerald Valley Intergroup  
1259 Willamette St. Eugene, OR  
97401-3509  
(541) 342-4113

# AA Meetings:



## **New:**

Last Chance Group, Jesco Club,  
562 Blair, Sunday, 10-11 AM.

The Way Out, 316 S. 52nd St.,  
Springfield, Sundays, 8-9 pm.

Gratitude Group, Saturday, 9-10  
AM, Valley Methodist Church,  
25133 Broadway, **Veneta**.

## **Changed:**

As Bill Sees It, Wednesday 7pm,  
has moved from The Knights of  
Pythias to Lamb Cottage at 110  
Cheshire St.

Serenity Seekers West now meets  
twice a week, Tuesday/Thursday,  
noon-1pm, at the Friends Church,  
3495 W. 18th ave.

Tuesday Night Big Book Study,  
255 Maxwell Road, now meets  
6:30-7:30 pm.

Vets and Friends, 11 am Friday,  
now meets at 2400 River Road.

Friday Young People's, 8-9pm, has  
moved from Knights of Pythias to  
St. Mary's Episcopal Guild Room at  
13th & Pearl.

## **Canceled:**

Emotional Sobriety, 10 AM Friday,  
Jesco Club.

## **Important:**

The Alano Club in Cottage  
Grove will close as of  
September first. Meetings  
scheduled there have been  
moved to other locations in  
Cottage Grove.

*Please remember to let  
us know if your group stops  
meeting. This will save people  
frustration or worse when  
they really need a meeting. To  
submit changes of any kind  
please fill out a form in the  
"Meeting Book Changes"  
book at the EVI office. Ask a  
volunteer at the front desk for  
it. You may also phone in  
any changes during EVI  
office hours. Thanks!*

Continued from page 1 (Touched by an Angel in AA?)

Immediately the prayer I had practiced hundreds of times over the years was on my lips. "Oh, God, get me out of the shit and I'll do whatever you want." Along with that came some prayers like "Give me the strength and courage to calm my fear, remembering that not my will but thine be done", and "Hold my wife in your hands in the light."

Directly after the prayer, the small room I was in was filled with beautiful music from a harp that I not only could hear but could feel. The music seemed to come right from heaven and was quite loud, yet soft and beautiful at the same time. I raised my head up from the prayer position to notice the activities in the emergency area continued as normal with nurses and doctors scurrying about seemingly oblivious to this heavenly harp music. I looked over at my wife who was staring at the doorway of the room with her mouth open, motionless as though frozen in time. My assessment was quick - the angels are here to get me. Wow, I thought. It's just like the movies. I turned to say good-bye to my wife and tell her how much I loved her. About that time, Carol smiled and said, "Where is that music coming from?" A few seconds later the nurse arrived, still appearing deaf to this heavenly music, so Carol asks him, "What's going on here?" He looked puzzled at her and she said, "The music?" "Oh, they play it every time a new baby is born."

After the roar of laughter from Carol and myself subsided, I realized my fear was gone and I felt spiritually strengthened, and that continued for the duration of the hospital stay. I love God's sense of humor sometimes when he answers prayers. The repairs to my heart via a stint placed in my collapsed artery were successful, and I feel great again. During my short stay at the hospital, I had time to reflect on the series of events that had occurred and how it happened in spite of my reluctance to even go to the doctor to check it out. I could see God's handy work. My family and I simply call these "God Jobs" or "God doing for us what we could not do for ourselves."

I have come to see that, more than the hilarious event with the harp music, was my spiritual condition of courage, faith or trust, and what I felt when I thought the angels were coming to get me. I wanted to live, but I wasn't afraid to die. It reminds me of a cute story about a 10-year-old boy in Sunday school named Bobby. The lady teaching the class said, "I want all you children who would like to go to heaven to raise your hands." All the children raised their hands except Bobby. She thought perhaps Bobby didn't hear the question so she repeated it loudly. "And you children who would like to go to heaven raise your hands." Again, up went all the hands but Bobby's. She looked over and said, "Bobby, don't you want to go to heaven?" He replied, "Well, sure but I thought you were getting up a group to go now!"

A psalmist once wrote of death as "Go not like the quarry slave scoured to his dungeon but soothed and sustained by an unfaltering trust, for each shall take his chambers in the silent halls of death like the man who takes the drapery of his couch about him and lies down to pleasant dreams-

## **Thank God for AA**

Harry R, Eugene, Oregon

# Echoes in the Valley

Echoes in the Valley is a collection of wit and wisdom heard at area meetings. While not always original, they represent local shares by your fellow recovering alcoholics. Quotes are credited to the speaker with permission; otherwise, they are anonymous.

Sex is a base necessity of procrastination.  
Anonymous, error reading from Big Book, Sober Awakening

Sobriety is like rebuilding a derelict boat - you think all it needs is a coat of paint, but when you start into the project, you discover *everything* needs repair.  
Bruzz, Sober Awakening

You sit there, and you hear guys with 90 days, a year, six years, take a drink, and the next thing you know, they're living in *my* neighborhood.  
JP, Whittaker resident, Sober Awakening

What I've been working on ... working - that's a silly word - I mean, what I've been obsessing over.  
Bob, Downtown AM

What I liked about drinking was, I was always successful. I always got drunk.  
Ditto

I suffered from the *ustas* and the *gonnas*.  
Anon., Downtown AM

Accepting I was an alcoholic actually made drinking better - I figured, I'm nuts, I might as well enjoy it.  
Anon. Downtown AM.

These days, turning down an invitation for a "couple of beers" is second nature. I don't have to reach into my bag and pull out a Dracula cross or anything.  
Jim, Sober Awakening.

After all these years, I'll see a cop and up come's my foot off the gas pedal and down goes my cup of coffee.  
Loren B, Monday Noon Stag



Recently, a small article about a bear with a drinking problem caught my attention. It seems a bear frequenting a campground near Mt. Baker had developed a taste for Ranier ale, and finding a particularly well stocked cooler, downed the contents of 36 cans of it. Park employees discovered Bruin passed out on the lawn, surrounded by empty Ranier cans and unopened cans of other brands. They later caught him in a live trap baited with - Ranier Ale.

It's not surprising either that a bear would like beer, or that it could learn to recognize which color of can contained its favorite beverage. Animals (including humans) whose natural diet includes scavenged plant material are attracted to the smell of fermentation. The fermenting process makes uncooked starch more digestible, and in nature it rarely happens that enough alcohol accumulates to produce paralyzing intoxication - if it did, a taste for alcohol would quickly be selected against.

Dogs are notoriously fond of beer. Some years ago I attempted to control the slugs in my large vegetable garden by setting out beer traps. It didn't work, because our dog invariably found the traps and drank the beer - slugs and all. Personally, I never sank quite that low - but I can certainly relate to that bear.  
Martha S., Eugene, Oregon



A grizzly bear and his girlfriend walked into a bar and ordered a couple of stiff ones. The barmaid, who was having a bad day, looked at them crossly and said, "We don't serve your kind here." Enraged, the grizzly jumped across the bar and bit a large chunk of flesh out of the barmaid. Later, the two bears went to a movie. He kept nodding off, and said to his girlfriend, "I don't know what's got into me - I can't seem to stay awake." "Oh," said she, "it must be the bar bitch you ate."

(If you want better quality humor, start submitting it, folks.)

And a few quotes on politics, as the election hype starts coming to a boil:

There are a terrible lot of lies going around the world, and the worst of it is that half of them are true.  
Winston Churchill

If you don't say anything, you won't be called on to repeat it.  
Calvin Coolidge

A group of politicians deciding to dump a president because his morals are bad is like the Mafia getting together to bump off the Godfather for not going to church on Sunday.  
Russell Baker



# People:



## The Graying of the Boozers

### OFFICE VOLUNTEER COORDINATOR

Doug R. (461-3872), Bob P. (434-1045)

### ACTIVITIES

Holly S. (338-0316), Sara (686-2247)

### ANSWERING SERVICE

Julien X. (541-520-7408), Joe H. (232-1267)

### ARCHIVIST

Jim G. (689-5052), Bob T. (342-1588)

### COOP. PROFESSIONAL COMMUNITY(CPC)

Nadine P. (683-5730), Patty

### E.V.I. COMMUNICATIONS:

Newsletter: John G. (686-5602),

Martha S. (687-9569)

Website: Jessie(485-3474), Karla B. (744-0509)

Meeting Directories: Lee P.(741-9824),  
Denna (344-7996)

### E.V.I. SPEAKER MEETING

Vicki K. (688-5042), Donna H.

### LITERATURE

Todd P.(689-4646), Tim A ( 726-8558)

### OUTREACH

Lee F. (302-1408)

### PUBLIC INFORMATION (PI)

Shevach (683-5254), Tim B. 465-1053

### HOSPITALS & INSTITUTIONS (H&I)

Chair: Larry W. (513-5626)

### HOSPITALS

Chair: Steve S.(914-9258), Todd (302-6377)

### COOP. TREATMENT FACILITIES(CTF)

Janis B. (935-8833), Cayce (520-5635)

### CORRECTIONS

Chair: Tom R. (465-1832), Bob L.(689-6960)

### H&I Coordinators

Lane County Jail: Bob L. 689-6960

C.C.C. (Women's): Sandy V. (485-4827)

C.C.C. (Men's): Jim H. (543-9653)

Alma Work Camp: Larry W.( 513-5626)

Pathways: Kenny (461-2937)

Serbu Detention: Tom R. (465-1832)

Carlton House: Robert S. (684-9439)

W.F.T.-Friday Night: Virginia (338-7174)

W.F.T.-Book Study: , Mindy S. (954-2048)

Serenity Lane-Speaker: Phillip S. (342-2180)

Serenity Lane-B.T.G.: Gus P. (463-1691)

Serenity Lane-Sat. Cindy D. (988-0183),

Jason (912-8217)

Serenity Lane St. Night Live Hank A. (484-6259)

Johnson Unit: Jill(302-1311)

### E.V.I. STEERING COMMITTEE

Chair: Kurt J. (747-8925)

Co-Chair: Bob T. (342-1588)

Secretary: Jenne B. (688-1189)

Treasurer: Lori B. (684-8670)

Vice Treasurer: Bob E. (747-2246)

At-Large: Amanda W. (988-9656)

At-Large: Ken L. (747-8270)

At-Large: Lori P. (343-2515)

At-Large: Frank K. 345-7131

BOOKKEEPER: Elizabeth R.

Last month several of us from the Eugene area drove up to Portland to attend the Pacific Regional Forum, a three-day workshop in which representatives from the General Service Office in New York gave presentations on issues affecting AA as a whole. One of the topics discussed was a proposal to create a separate committee at the national level devoted specifically to the needs of elderly and retired alcoholics. This proposal came from Hawaii, where such a committee already exists, and was supported by the Florida Delegate, who also represents a population with a high proportion of senior citizens.

The speaker stressed that this was not an accessibility/special needs issue, and should not be confounded with it. Unless they die of their disease, all alcoholics will some day enter this population. If they already belong to the program when they retire, well and good, but the person whose alcoholism rears its ugly head after he retires is particularly vulnerable to being overlooked.

How does a person who is no longer employed, who lives alone, and who has a regular if modest income not dependent on his ability to function in the world, recognize when he has a problem? There is no-one to give him feedback about his behavior, no-one to object if he sleeps 'til noon, arising only to make a run to the liquor store, no unmet obligations which trigger a response. Medical problems caused by alcoholism may be incorrectly ascribed to aging, and treated inappropriately. Blackouts can be mistaken for senility. An elderly person who is depressed may be aware of his alcoholism but feel that neither the time nor the improved functioning he would gain by getting sober is worth the effort.

Of the most common routes to sobriety – the courts, treatment programs, and AA – AA is probably best situated to serve the elderly population. They are not as a group rich enough or well-insured enough to be a target market for private treatment centers, and are not visible enough or desperate enough to come to the attention of the law. AA also provides something that medicine and the courts cannot – a genuine community of interdependent individuals, and a permanent structure for an unstructured life.

A national or area committee dealing with alcoholism and aging is a good idea, but a committee alone can't reach the invisible majority of isolated elderly alcoholics. It's up to individual members to be aware of people they encounter who may need help, and to make themselves available.

A "program of attraction rather than promotion" can't grow unless the people in it are open and frank about their experiences. Teaching by example is wonderful within AA, but it is also effective when directed at people who are not in the program, but ought to be. Too often we leave this sort of outreach to professionals, and leave those who can't or won't respond to professional recruitment to their own devices. I for one know I am slighting my duty to be of service, if I confine my AA activities to a small circle of people who have already found their way into the program.

Martha S.  
Eugene, Oregon

## EVI Business Meeting Minutes, August 9, 2004

Bob T. Co-Chair, opened the meeting with the Serenity Prayer

Old Business: none

New Business: motions/announcements

Lee: Motion to make the Chair of the Meeting Directories a 2 year not a 1 year commitment...Seconded. Tabled after discussion.

Committee Reports:

H&I: Larry .

Corrections volunteers with Lane County Clearance need to stay active, as there are only 50 slots for four facilities, and new volunteers will not be cleared until there is a vacancy.

Funds for literature is being mostly spent on pamphlets. New Coordinators have been appointed – their names will be in the next meeting directories and the newsletter. VA Clinic meetings have been moved to the facility on River Ave (off River Road)

H&I Committee meeting is the last Wed of the month here at EVI at 6pm

EVI Speaker Meeting: Donna: No speaker mtg in July (because of Summerfest); have speakers lined up through October

Treasurer: Lori B: Presented spreadsheet. donations down \$50 from this time last year, book sales up \$500.00; \$1900 above the prudent reserve.

Literature: Todd: We have a shipment coming in. Tim A will be taking over next month

Communications: Jessee: Karla is working with Jessee to learn Webdramer program. Webpage is updated and doing fine.

Meeting Directories: Lee: Summer-Fall Edition has been sent to the printer. Please remember to submit changes to the office.

Newsletter: Martha: August issue is out, contains all local contributions. Please encourage submissions.

Office Coordinator: Doug: Volunteers are needed for several shifts. There will be a cash register training session on 8-21 at noon. A new drum has been ordered for the copier.

Diverter: Bob E. Recruiting new volunteers has been slow; old volunteers are continuing to cover.

PI: Shevach: Will be meeting jointly with CPC. Audio tape announcements from GSO have been supplied to local radio stations. Volunteers are needed for a table at the Eugene Celebration, September 18-19.

CPC: Patty: Will be doing a major mailing to professionals.

Activities: Rhonda: There will be a Java Jive talent show in September – contact Sylvia. Committee needs both a chair and co-chair, and is short on volunteers.

Outreach: Lee: Committee has 8 members, is looking for meetings to go to.

Bob T. announced that when he rotates in as EVI chair, he will be looking into how to increase our volunteer base.

Closed with the Lord's Prayer.

Yours in service, Jenne B, Secretary



## EVI Office

1259 Willamette  
Eugene, OR 97401-3509  
Monday-Friday 9:00 am-5:30 pm  
Saturday 9:00 am - 4:00 pm  
Drop by for a visit!

## EVI Web Site

[www.efn.org/~eviaa](http://www.efn.org/~eviaa)

Meeting schedules, business meeting minutes, and much more.

The little squiggle in the address is found right next to the exclamation point on the keyboard. Save a book mark or favorite and check back often!

## E.V.I. News

Emerald Valley Intergroup's Newsletter for the A.A. Community in Lane County

EVI News is a monthly newsletter of the Emerald Valley Intergroup. It is about, by, and for the members of Alcoholics Anonymous fellowship. Opinions expressed herein are not to be attributed to Alcoholics Anonymous as a whole, nor does publication of any article or event or notice imply endorsement by either Alcoholics Anonymous or EVI. (Exceptions: Quotations from A.A. books or pamphlets which are reprinted with permission of A.A. World Services, Inc.) EVI News is produced to support communication within the fellowship; please respect the anonymity of any A.A. member mentioned herein. EVI News reserves the right to edit any submissions for clarity, length, language, and editorial policy. Contributions gratefully accepted for consideration for publication.

Submissions due by last Monday of each month. To submit articles or event information, mail them or drop them off at the EVI office c/o EVI Newsletter. Please include a contact phone #. Submissions can also be e-mailed to: [eviaa@efn.org](mailto:eviaa@efn.org) or [msherw@darkwing.uoregon.edu](mailto:msherw@darkwing.uoregon.edu). Communication Committee (Newsletter & Web Site, Meeting Book) meetings are held at 6pm the first Friday of each month at the EVI office.

# Contributions: What is a District and Why Should I Care?

April 2004/Year to Date)  
 As Bill Sees It 30.00/30.00  
 Attitude Adjustment 118.20/882.31  
 Blue River Sunday 10.00/10.00  
 Brown Bag Group 75.00/150.00  
 Buckley Pass it On 20.00/20.00  
 Cottage Grove Gratitude 98.00/98.00  
 Creswell Al-Anon 25.00/25.00  
 Daily Reflections 150/150  
 Dexter Women's Group 20/20  
 Downtown AM Group 177.00/1554  
 Drop the Rock 190.00/535  
 Early Firehouse Group 20.00/20.00  
 Freedom of Choice 24.00/96.00  
 Friday Night BB Study 150.00/370.00  
 Friday Physical Awakening 105.00/105.00  
 From The Heart 525.00/681.00  
 Gratitude Group 0/0  
 The Great Fact Group 10.00/10.00  
 How It Works 60.00/340.00  
 Last Chance Study Group 50.00/80.00  
 McKenzie River Group 127.00/127.00  
 Monday Mens Stag 50.00/50.00  
 Monday Night Beginners 0/0  
 New Freedom 0/0  
 New Freedom II 0/0  
 Primary Purpose 0/0  
 Recovery By The Steps 15.00/30.00  
 Rush Hour Group 25.00/25.00  
 Saturday Morning Steps 330.00/588.50  
 Search For Serenity 103.00/649.00  
 Serenity Seekers 117.00/117.00  
 Sober Awakenings 556.87/556.87  
 Sobriety for Life 130.00/130.00  
 Springfield Monday Night 0/0  
 Stairway to Sobriety 25.00/150.00  
 Sunlight of the Spirit 25.00/25.00  
 Sunday Big Book 116.72/116.72  
 Sunday Night B.B. Study 0/0  
 Thurs. Men's Book Study 0/0  
 Tues Night Young People 133.00/308.00  
 Thurs. Men's Spons. Group 0/0  
 Try God Group 357.84/1170.62  
 Tuesday Night Mens Stag 0/0  
 Veneta Gratitude Group 50.00/105  
 Vet's and Friends 100.00/100.00  
 We Need Each Other 0/0  
 Wednesday Beginners 80.00/80.00  
 Wed How it Works 10.00/30.00  
 Wed. Night Men's Stag 15.00/255.00  
 Women's Bedrock 0/0  
 Women's Courage to Change 77.13/77.13  
 Women's How It Works 15.00/60.00  
 Womans Rd. to Recovery 0/0  
 Total Contributions Group  
 month/yt 1280.84/9917.39  
**Contributions: Individual**  
 Anonymous/Unknown 27.33/453.33  
 Faithful Fivers 70.00/821.14  
 Total Contributions/Ind.  
 97.33/1274.47

Most AA members are unaware of the workings of their fellowship above the level of their home group. Possibly they have been persuaded to accept a service position which brings them into contact with the Intergroup office, but very few become involved at the state and national level.

Our ninth tradition states: "AA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve." The effective working of such a structure depends both on there being people willing to make the often considerable volunteer time commitment to serve, and a larger number of actively involved home group members who show up at business meetings, acquaint themselves with the issues and especially the fiscal details of running a million-plus member international fellowship, and assist their representatives in making informed decisions. A service committee can be directly responsible to those it serves *only* if those it serves keep themselves informed and make their considered opinions known.

The DISTRICT is a critical link in AA's inverted pyramid of authority. In metropolitan areas such as Eugene-Springfield, several districts will join forces to form an Intergroup which coordinates an office (if any), answering services, public information, institutional programs and other local services. In less populated areas, the district assumes these functions. Districts report to the Area, which in Oregon coincides with the state, and the Area reports to the General Service Office (GSO) in New York.

A district is made up of individual registered meetings in a restricted geographical area. To participate in state, regional, and national aspects of AA, a meeting must register with GSO. Not all of our local meetings are registered. Registration, which is simple, free, and carries no obligations, is a good first step in getting involved. It lets the fellowship as a whole know the meeting exists, and puts it on a mailing list for Box 459 (the national newsletter), notices of conferences and workshops, and catalogs of conference-approved literature.

The Eugene-Springfield area is divided into four districts: 6, 19, 20, and 33, corresponding roughly to geographical areas, plus 34, the statewide Spanish-language district. Any registered group is entitled to participate in its district via an elected General Service Representative (GSR).

The GSR is a crucial link in AA's loose organizational structure. He or she attends district meetings and quarterly area assemblies; his or her votes determine how business is conducted, how money is spent, and who represents our state as Delegate to the national convention in New York. The GSRs of each district elect a District Committee Member (DCM) who coordinates district affairs.

AA is your organization. It belongs to the members. If you want your voice to be heard, make sure your group is registered, and has a GSR to represent it. Participation is essential.

To register your group or find out more about service work at the District or Oregon Area level, contact one of the District Committee Members:

District 6 (Central Eugene), Tim A. 726-8558  
 District 19 (South Eugene), Sandi V., 338-8380  
 District 20 (Springfield) Myron M. 345-5827  
 District 33, Alan U. 741-2617  
 District 34 (Spanish), Manuel, 344-7781

Monthly district meetings are listed on page 5 this newsletter. The next Oregon Area General Assembly happens in Salem, September 17-19. Any AA member is welcome to attend, though only GSRs, DCMs and Area Officers can vote. Contact any DCM for carpooling information.

Martha S., GSR, District 19, Oregon Area 58

# September Calendar

- 1st Mon Steering Committee 6:30PM  
Tue District 20, 6:30PM, 418 A St. Myron M. 345-5827  
Tue District 33, 6:30PM, Alan U. 741-2617  
Wed District 19, 5:30PM, Sandy V. 485-4827  
Thur Speaker Mtg Committee, 7:00PM, Vicki 688-5042  
Fri Communication Meeting, 6:00PM  
Sat Activities, 5:00PM, Holly 338-0316  
Sun EVI Business Meeting 6:30PM  
2nd Mon District 6, 6:30PM, Tim A. 726-8558  
Sat Answering/Diverter, 10:00 AM, Julien 520-7408  
Sat EVI Speaker Meeting, 7:30 PM, 2801 W. 18th  
3rd Tues Public Information, 6:00PM, Shevach, 683-5254  
Last Wed H& I Committee, 6:00PM



## Fellowship Events

**Pathfinders (formerly Recovery Riders) organizes outdoor events for AA members and their families. Check out their website (<http://www.geocities.com/recoveryriders/> for information on trips.**

**The Oregon Area General Assembly meets in Salem, at the Red Lion Inn, September 17-19, 2004. This is a business meeting; any AA member is welcome to attend.**

**District 33 is hosting a GSR school and service workshop on September 4, at 9:00 AM, at Westminster Presbyterian Church, 777 Coburg Road. Erik, our Oregon Area alternate Delegate, is a featured speaker.**

**The Rose City Roundup is scheduled for September 24-26th, at the Doubletree Columbia River Hotel in Portland. For information call Lennie Z, 888-661-4403, or check website: [www.dfweb.com/rcr](http://www.dfweb.com/rcr).**

**The High Desert Roundup is scheduled for September 24-26, at the Inn of the 7th Mountain. See their website, [www.Highdesertroundup.com](http://www.Highdesertroundup.com) for more information.**

**It's a She Thang Women's retreat happens at the Seaside Convention Center, September 17-19, 2004.**

**The EVI office has flyers and information about all of the above events.**

## Gratitude:



### Currently Available Service Positions:

**H&I** has a constant, and varied need for people willing to do a little to a lot of service work.

**Public Information** needs people with transportation to deliver literature. There is no minimum sobriety requirement for most PI service positions.

**The Diverter** seeks volunteers to take calls to the local AA number after hours. Contact Julien (520-7408) for details, or obtain information and application forms from the EVI office.

**The EVI Office** can always use people who are able to answer phones and perform office functions for one four hour shift per week. Contact Doug (461-3872), or stop by the office for information.

**The Activities Committee** urgently needs more volunteers to help plan and staff events. Please, if you want to continue having fun events, get involved. There is no minimum sobriety requirement; time commitment is flexible. Call Sylvia, 485-3482, or Leslie, 746-3359.

### Addresses for Group Contributions

Emerald Valley Intergroup  
1259 Willamette Street  
Eugene, OR 97401-3509  
Contributions for Districts 6, 19, 20, and 33 may also be sent to the above address. Indicate the district on the envelope.

Oregon Area 58 Treasury  
PMB 172  
1972 NE 3rd St.  
Bend, OR 97701

AA General Service Office  
PO Box 459  
Grand Central Station  
New York, NY 10163-0459